

## ***The cognitive image profiling method ©. Image and symbols accessing the subconscious***

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### ***Abstract***

This method has been prepared to support human development therapies. The Cognitive Image Profiling method was created by Vivian John Crow Hurst, an English psychic artist. His knowledge of the human psyche was acquired through courses with Jane Duncan and Philip Rogers, who in turn were students of Louise Hay. Avid reader on issues of justice and love.

Vivian John Crow Hurst leaves this wonderful legacy to mental and emotional health professionals as one more tool to discover the blockages and potential of each human being who sets out to achieve his goals and is determined to become aware of the need to make positive changes in his life and lovingly accept the ancestral roots that formed him.

This method reveals the emotions that the unborn baby went through during his prenatal life and as well in the moment of birth. We must remember the first ecosystem we live in is our mother's womb. Healing those dysfunctional emotions that did not belong to the unborn baby and lovingly accepting the best of his heritage through previous generations, thus honoring his roots, mainly his parents, is something extremely relevant if we want an emotional healthier society.

The purpose of this method of analysis is for the individual to reconcile with their pain and to feel compassionately for himself and for those who raised him. In this way, by healing their history, they will allow themselves to understand their own vulnerability and that of human beings who are part of their generational line. Likewise, he will recover his value as a loving spirit and will take responsibility for his future decisions, emotions, and feelings.

**HAPPINESS IS A DECISION TO BE MADE DAY BY DAY,  
NOTHING NOR ANYONE MAKES US HAPPY,**

**IT IS OUR COMMITMENT WITH OURSELVES WHAT  
MAKES THE DIFFERENCE.** The quality of life we have is due to the decisions we make unconsciously and with this method of analysis we delve into it to understand where we must focus our attention in order to make the necessary changes in our attitudes and thus modify the perspective that we have of life making the decisions that best suit us to achieve emotional balance and live a full life, fulfilling the mission we have in the world.

**Most of the time it is not known specifically what needs to be changed since the root of the problem has not been reached. With this method, this objective is achieved, streamlining the help procedure that will be given to the client and thus optimizing the therapy work**

**that is provided. Every human being is unique and unrepeatable. The life we live is short compared to the life of the Universe, we must live it intensively and in happiness, leaving the best of ourselves as a legacy to our descendants and to the rest of Humanity. MUSIC AS A MARVELOUS TOOL TO HEAL PRENATAL AND BIRTH TRAUMA**

I am a musician as well, back in 1984 I began to work with children from 2 yrs. old and on, combining music with early stimulation exercises. I developed a music program named AYRAM ©, noticing the needs of the children I began to study Children Psychology, that took me to realize the importance to begin music stimulation even earlier, since mothers were pregnant. I began in 1991 special prenatal music stimulation lessons. It was a success. Women were much more relaxed, there were clients that had special situations as a previous miscarriage, or that had lost a family member while being pregnant, risk of high blood pressure, single mothers, another child already with an incapacity, etc.

We used to record the music that the woman liked most so that same music would be used in the moment of birth. The music I always used in this type of lessons was mainly Baroque, Classical, very few from the Romantic period and Impressionism.

Amongst the favorite authors were Bach, Bizet, Haendel, Mozart, Telemann, Haydn, Clementi, Tchaikovsky, Strauss, some Mexican composers from the Romantic period, mainly late 1800 and early 1900 because it is important to get acquainted to your own culture. I would never use anything disturbing for the mind of the baby or the mother. Fathers were always welcomed to join the lessons. I had been always an advocate for natural birth.

Afterwards in 1995, I decided to study Pneurolinguistic but focused on Education. Since 2017 I began on a new path of knowledge to be able to help in a better way my clients. I became a licenses NLP Coach with Hypno Programming Tools.

### **THE EFFECTS ON THE NEWBORN IN THE EMERGENCY ROOM**

Sometimes it has been necessary for newborns or premature babies to be taken to the emergency room where they need special care due to problems that arise at the time of birth.

There are endless situations that can take these babies to incubators. Whatever the cause, they are moments of stress, pain, and confusion for the little ones. There are institutions that have

really dedicated and sensitive staff to treat them, and there are others in which the staff has simply 'disconnected' from the pain to assist them. There is every kind of people, I do not like to generalize. Unfortunately, despite the generous care of some nurses, they are not all trained in how to talk to babies about the procedures that are being carried out in them to help them breathe better, gain weight, monitor their heart, feed them , etc...

We know that, as necessary as it may be, it is an invasion of your person. The baby is so vulnerable that everything really bothers him, the probes through his nose or mouth, the position in which he must be in order to be 'manipulated' (as some express) according to the needs at that time.

That is the word: **MANIPULATED!**



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***Biography:***

She is a Licensed NLP Coach, Cognitive profiler, Pre-birth Therapist from Mexico. One of my main goals in this moment is to train professionals in the health field like: Mental Careers, people that does alternative medicines, psychologists, emotional intelligence coaches; people that works with energy

Previously I was dedicated to my music profession and worked music therapy as well, nowadays I am devoted to help people to find out their blockages and potential in life so they can achieve their goals.

I wrote my first book 2 years ago, and published it this 2020 "The Absurdity of Suffering Love" based on the consequences that prenatal and birth trauma bring into human beings and how they can affect their love life and relationships in general.